

Jeffery Morse
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I am writing in response to your advertisement for **NUTRITION COACHES AND HEALTH CARE PROFESSIONALS** Posted in Craigslist. I would like to submit my resume.

I have been Interested in Nutrition and Health for some time. And even thought of getting into kinesiology, Currently Im a little over weight but am setting out to work on this. I believe that for true fitness there is a multisided template. Physical fitness is only part of the equation. The other parts are as follows. Nutrition, Diet is essential to positive progress. Mind, For good health we have to be careful what we allow into our minds by keeping track of what we watch, learn and listen too. Spiritual. This is probably the most important, inner peace and a positive self image stems from having a secure foundation , For me this means a true and honest relationship with Jesus. It also means that we will be working on those things of my past that causes self hatred or a poor self image, forgiveness is key, and the belief that I am loved. If I like myself this gives me drive to success in an exercise program. Work on the inside and the outside.

I have A.S. and have course work in social services, athletics, as well as nutrition. To add to this I have much weight training experience as well as aerobic. I have some sports such as college volley ball and competition doubles.

A little about me. I am now 47 years old. I have raised three children as a Single parent. I am a Born Again Believer in Jesus, and excitedly have Jesus as my Savoir. I am honest, and work well with others. I believe in sincerity and communication. For the past three years I have hosted a radio show on 105.9fm hear in Yuba city as well as run my own inet radio station.. www.roadtobethelradio.com. I have produced music in the past music is my second love, Jesus and the gospel being the first along with family of course. That leaves my third love which is fitness, and education.

I'm interested in working for you and finding out more about your company. I would like to telecommute when possible But hope to work with many people and also get myself in the best health I can get also. thanks

My phone (530) 844-8327

Sincerely, Jeffery Morse